

OCTOBER, 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Menu subject to change			1 Bagel & Cream Cheese Pizza Day Tossed Salad Corn
4 Mini Waffles Chicken Nuggets French Fries Carrots	5 Assorted Muffins Taco Tuesday Rice Corn Salsa & Sour Cream	6 Bagel & Cream Cheese Pulled Pork Mashed Potato WG Bread Green Beans	7 Yogurt Toasted Cheese Tomato Soup Veggie Sticks	8 NO SCHOOL CONFERENCE DAY
11 Columbus Day No School	12 Mini Pancakes Cheeseburger on a bun French Fries Baked Beans Carrots	13 Cinnamon Rolls Pasta Day Meatballs & Sauce Roasted Cauliflower Dinner Roll	14 Yogurt Chicken Fajita Rice & Black Beans Salsa	15 Bagel & Cream Cheese Pizza Day Tossed Salad Corn
18 Mini Pancakes Chicken Nuggets or Fish on a bun Garlic Noodles Broccoli	19 Muffins Taco Bowls: Taco meat on Rice Blackbeans Salsa & Sour Cream	20 Cinnamon Rolls Roasted Turkey Mashed Potato & Gravy Carrots	21 Yogurt Chicken Quesadilla Pasta Salad Baked beans	22 Bagel & Cream Cheese Pizza Day Tossed Salad Corn
25 Mini Pancake Chicken Patty on a bun Pasta Salad Carrots	26 Breakfast on a stick Taco Tuesday Soft shell Rice Salsa, Sourcream & Corn	27 Yogurt Buffalo Chicken or Ham & Cheese Wrap Macaroni Salad Green Beans	28 French Toast Bites Mac & Cheese WG Roll Broccoli	29 Bagel & Cream Cheese Halloweeners Skeleton Bones Grave Digger beans Spider Webs

Breakfast and Lunch

FREE

We have Gluten free
and vegetarian options
daily

Second meal is not Free

Fruit, Fruit cup, Sandwiches
and Salad Daily

MILK CHOICES

1%

1% Chocolate

FUN FACTS

Originally Jack-o-lanterns
were carved from turnips
and potatoes.

**Breakfast Must Include Fruit
or Juice**

**Lunch Must Include
Fruit or Vegetable**



