


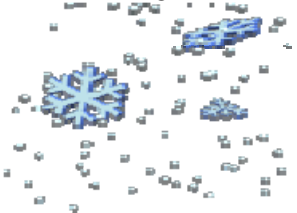



FEBRUARY 2022

MILFORD CENTRAL SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Home of The Wildcats</i></p> <p><i>Home of The Wildcats</i></p> <p><i>Home of The Wildcats</i></p>	<p>1</p> <p>Asst: Muffins</p> <p>Pulled Pork On a bun Coleslaw Carrots</p>	<p>2</p> <p>French Toast sticks</p> <p>Assorted Hot Wrap Day Cucumber slices Baked Beans</p>	<p>3</p> <p>WG Poptart</p> <p>Hot Roasted Turkey Mashed Potato & Gravy Cauliflower Biscuit</p>	<p>4</p> <p>Asst:Cereal</p> <p>Pizza Sticks Marinara Sauce Corn</p>
<p>7</p> <p>Mini Waffles</p> <p>Barbeque Chicken on a Bun French Fries Steamed Broccoli</p>	<p>8</p> <p>Asst: Muffins</p> <p>Taco Tuesday Rice Black Beans & Corn Salsa & Sour Cream</p>	<p>9</p> <p>Bagel w/Cream cheese</p> <p>Oven Roasted Chicken Sweet Potato Fries Roasted Brussel Sprouts Biscuit</p>	<p>10</p> <p>Breakfast Bar</p> <p>Rotini Pasta Meatballs & Sauce Green Beans WG Roll</p>	<p>11</p> <p>Asst:Cereal</p> <p>Assorted Pizza Corn Carrots</p>
<p>14</p> <p>Mini Waffles </p> <p>Chicken Patty or Chicken Nuggets Tater Tots Corn & Broccoli</p>	<p>15</p> <p>Asst: Muffins</p> <p>Sub Bar  (New) BLT Salad Carrots</p>	<p>16</p> <p>Yogurt</p> <p>Grilled Cheese Tomato Soup Baked Beans Veggie stix</p>	<p>17</p> <p>Breakfast Sandwich</p> <p>Pizza Stix Marinara Corn</p>	<p>18</p> <p>Asst:Cereal Bag Lunch P&J or Cheese Veggies,Juice Pretzels</p>
<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p> 	<p>25</p> 
<p>28</p> <p>Mini Waffles</p> <p>(New) Bacon Cheeseburger French Fries Carrots</p>		<p>Fun Facts Did you know:</p> <p>King Henry VII of England declared St. Valentine's Day a a holiday in 1537</p>	<p>Breakfast and Lunch are FREE for the School year 2021/2022</p> <p>Breakfast must include Juice or Fruit Lunch must include Fruit or Veggie</p>	<p>We Have Gluten Free Options</p> <p>Milk: 1%,Fat Free & 1% Choc Daily:Fruit,Fruit Cup, Asst: Sandwiches & Salad Menu Subject to change</p> 