


APRIL 2022

MILFORD CENTRAL SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday 1
<p>Remember: Three items must be on your tray.</p> <p>Breakfast must include: Fruit or Juice</p> <p>Lunch must include Fruit or Vegetable</p>	<p>Fresh Fruit ,Fruit cup,Salad</p> <p>Assorted Sandwiches</p> <p>1%White & 1% Choc, Fat Free</p> <p>Available Daily</p> <p>We have gluten free options</p>	<p>Fun Facts: April Fool's Day</p> <p>Is celebrated all across the world.</p> <p>This includes UK, Brazil, France, and Greece.</p>	 <p>5210 Every Day! HEALTHY HABITS FOR HEALTHY COMMUNITIES</p>	<p>Asst:Cereal</p> <p>Liver & Onions</p> <p>April Fools</p> <p>It's Pizza Day</p> <p>Salad & Corn</p>
<p>4</p> <p>Breakfast Pizza</p> <p>Barbecue Chicken on a Bun</p> <p>Baked Beans</p> <p>Broccoli</p>	<p>5</p> <p>Asst: Muffins</p> <p>Taco Tuesday</p> <p>Chicken Or Beef</p> <p>Corn</p> <p>Rice</p>	<p>6</p> <p>Yogurt Parfait</p> <p>Brunch For Lunch</p> <p>French Toast or Waffles</p> <p>Sausage ,eggs,juice & Carrots</p>	<p>7</p> <p>Breakfast Sandwich</p> <p>Grilled Cheese</p> <p>Tomato Soup</p> <p>Veggie Sticks</p>	<p>8</p> <p>Breakfast Bar</p> <p>Pizza Day</p> <p>Garden Salad</p> <p>Corn</p> <p>Green Beans</p>
<p>11</p> <p>SPRING</p>	<p>12</p> <p>BREAK</p>	<p>13</p> <p>SPRING</p>	<p>14</p> <p>BREAK</p>	<p>15</p> 
<p>18</p> <p>No School</p> <p>Snow Day</p>	<p>19</p> <p>No School</p> <p>Snow Day</p>	<p>20</p> <p>Asst:Muffins</p> <p>Hot Dog or Hamburger</p> <p>French Fries</p> <p>Carrots</p>	<p>21</p> <p>Breakfast Bar</p> <p>Macaroni & Cheese</p> <p>Broccoli</p> <p>Roasted Green Beans</p> <p>WG Roll</p>	<p>22</p> <p>Asst:Cereal</p> <p>Bag Lunch</p> <p>P & J or Cheese</p> <p>Veggie,Fruit</p> <p>Pretzels</p> <p>11:30 Dismissal</p>
<p>25</p> <p>Mini Waffles</p> <p>Chicken Patty on a Bun</p> <p>Baked Beans</p> <p>Corn</p>	<p>26</p> <p>Asst:Muffins</p> <p>Make your own Sub</p> <p>Ham,Turkey or Cheese</p> <p>Mac Salad</p> <p>Carrots</p>	<p>27</p> <p>Breakfast Sandwich</p> <p>Mac & Cheese</p> <p>Green Beans</p> <p>WG Roll</p> <p>Breakfast & Lunch are</p>	<p>28</p> <p>Breakfast Bar</p> <p>Build A Burger</p> <p>Cheese, lettuce,Tomato</p> <p>Coleslaw</p> <p>Carrots</p> <p>Free for the 21/22 school year</p>	<p>29</p> <p>Asst: Cereal</p> <p>Pizza Day</p> <p>Tossed Salad</p> <p>Corn</p> <p>Menu Subject to change</p>