

July 2023

MCS Summer Program

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Asst: Muffins Build A Burger Fries Carrots	No Summer Food Program Happy Fourth of July	Mini Cinnis Pizza Day Cookie Steamed Corn	Yogurt & Granola Make your own Sub Mac Salad & Chips Veggie Sticks	Bagel & Cream Cheese Chicken Nuggets Baked Beans Roasted Broccoli
10	11	12	13	14
Pancakes & Syrup Hot Dog on a Bun Tater Tots Carrots	Strawberry Smoothie Nacho's Refried Beans Corn	Breakfast Pizza Pizza Day Cookie Roasted Green Beans	Eggs & Corn Bread Make your own Sub Pasta Salad & Chips Veggie Sticks	Bagel & Cream Cheese Popcorn Chicken Baked Beans Roasted Broccoli
17	18	19	20	21
Waffles & Syrup Build A Burger Fries Carrots	Bluberry Smoothie Taco's Rice Black beans	Breakfast Pizza Pizza Day Cookie Steamed Corn	Eggs & Tater tots Make your own Sub Mac Salad & Chips Veggie Sticks	Bagel & Cream Cheese Barbecue chicken Baked Beans Roasted Green Beans
24	25	26	27	28
Breakfast on a stick Hot Dog on a Bun Tater Tots Carrots	Asst:Muffins Nacho's Corn Refried Beans	Breakfast Pizza Pizza Day Cookie Roasted Green Beans	Strawberry Smoothie Wrap Day Buffalo Chicken & Ham & Cheese Pasta Salad & Veggies	Bagel & Cream Cheese Chicken on a Bun Carrots Baked Beans
31 Asst Muffins Make your own Sub Pasta Salad & Chips Veggie Sticks				Breakfast Hrs 8:00-8:30 Lunch Hrs 11:00-11:30
			Asst:Cereal,Milk, Fresh Fruit & Fruit Cup Assorted Sandwiches Available daily. Menu subject to change	Drink lots of Water Drink lots of water