



**NOVEMBER**

**2021**

# Milford Central School

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b> <i>Mini Waffles</i>  <b>Meatball Sub</b> <b>Carrots</b>	<b>2</b> <i>Muffins</i>  <b>Taco Tuesday</b> <b>Soft Shell</b> <b>Rice,Sour Cream</b> <b>Salsa</b>	<b>3</b> <i>Cinnamon Rolls</i>  <b>Baked Chicken</b> <b>Mashed Potato &amp; Gravy</b> <b>Broccoli</b>	<b>4</b> <i>Bagel &amp; Cream Cheese</i>  <b>Grilled Cheese</b> <b>Tomato Soup</b> <b>Veggie Stix</b> <b>Baked Beans</b>	<b>5</b> <i>Asst: Cereal</i>  <b>Pizza Surprise</b> <b>Salad</b>
<b>8</b> <i>Mini Waffles</i>  <b>Chicken Nuggets</b> <b>Pasta Salad</b> <b>Broccoli</b>	<b>9</b> <i>Muffins</i>  <b>Pulled Pork on a Bun</b> <b>Baked Beans</b> <b>Carrots</b>	<b>10</b> <i>Cinnamon Rolls</i>  <b>Sweet -N- Sour Chicken</b> <b>Rice</b> <b>Stir Fry Veggies</b>	<b>11</b>  <b>VETERAN'S DAY</b> <b>NO SCHOOL</b>	<b>12</b> <i>Parent Conference day</i>  <b>No Students</b>
<b>15</b> <i>Mini Waffles</i>  <b>Cheeseburger on a bun</b> <b>French Fries</b> <b>Broccoli</b>	<b>16</b> <i>Muffins</i>  <b>Chicken Alfredo</b> <b>Mixed Veggies</b> <b>WG Rolls</b>	<b>17</b> <i>Cinnamon Rolls</i>  <b>Roasted Turkey</b> <b>Mashed Potato,Stuffing+gravy</b> <b>Cranberry Sauce &amp; Yams</b> <b>Green Beans</b>	<b>18</b> <i>Bagel &amp; Cream Cheese</i>  <b>Make your own</b> <b>Sub</b> <b>Baked Beans</b> <b>Carrots</b>	<b>19</b> <i>Asst: Cereal</i>  <b>Pizza Day</b> <b>Tossed Salad</b>
<b>22</b> <i>Mini Waffles</i>  <b>Bagel Melts</b> <b>Pasta Salad</b> <b>Carrots</b>	<b>23</b> <i>Muffins</i>  <b>Bag Lunch</b> <b>P &amp; J or Cheese</b> <b>Pretzels, Juice &amp; Veggie</b> <i>11:30 Dismissal</i>	<b>24</b>  <b>No School</b>	<b>25</b>  	<b>26</b> <b>No School</b>  <i>Pumpkins are actually a fruit</i>
<b>29</b> <i>Mini Waffles</i>  <b>Chicken or Fish on a Bun</b> <b>French Fries</b> <b>Broccoli</b>	<b>30</b> <i>Muffins</i>  <b>Shepard's Pie</b> <b>Peas &amp; Carrots</b> <b>WG Roll</b>	<b>Breakfast &amp; Lunch</b>  <i>Free for the 21/22</i> <b>School Year</b>  <b>Second lunches are not</b> <b>Free</b>	<b>Fresh Fruit,Fruit cup,</b> <b>Salad and asst: Sandwiches</b> <b>Daily</b> <b>Except Bag Lunch day</b>  <b>Gluten Free Options Available</b>	 <b>Breakfast must include</b> <b>Juice or Fruit</b> <b>Lunch must include Fruit or</b> <b>veggie</b> <b>Menu Subject to change</b>