


March 2023

MILFORD CENTRAL SCHOOL

Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3
<p>Remember: 3 Componets must be on your Tray</p> <p>Breakfast must include Fruit or Juice</p> <p>Lunch must include Fruit or Vegetable</p>	<p>Daily: Skim, 1% & 1% Chocolate Milk</p> <p>Salad bar & Sandwiches Fresh Fruit and Fruit Cup On Early Dismissal there is no Salad Bar or Snacks</p>	<p>Asst: Muffins </p> <p>Warm Italian Hoagie Sweet Potato Fries Veggie Stix</p>	<p>Green Eggs & Ham</p> <p>Fish Sticks Tater Tots Green Beans</p> <p>Dr. Seuss Birthday</p>	<p>Mini Cinnis</p> <p>Pizza Day</p> <p>Corn</p>
<p>6 Breakfast Pizza</p> <p>GRILLED CHEESE Tomato Soup Veggie Sticks National</p>	<p>7 French Toast Sticks</p> <p>Taco Tuesday Chicken Or Beef Rice & Corn Blackbeans</p>	<p>8 Breakfast Sandwiches</p> <p>Pulled Pork On a bun Coleslaw Carrots Breakfast</p>	<p>9 Srambled Eggs &Tater tots</p> <p>CHICKEN & BISCUITS Mashed Potatoes Peas</p>	<p>10 Yogurt Parfaits</p> <p>Pizza Day Garden Salad Roasted Broccoli Week</p>
<p>13 Breakfast Pizza</p> <p>Chicken on a bun Baked Beans Roasted Broccoli</p>	<p>14 SNOW DAY</p> <p>PI Day</p>	<p>15 Asst:Muffins</p> <p>Pizza Day</p> <p>Carrots</p>	<p>16 Yogurt Parfaits</p> <p>Rotini & Meatballs Garlic Breadsticks Green Beans</p>	<p>17 Cinnamon Buns</p> <p>Scalloped Potatoes & Ham, Dinner Roll Peas & Cookie Happy Saint Patricks Day</p>
<p>20 Breakfast on a Stick Turkey</p> <p>Sweedish Meatballs Noodles Carrots International</p>	<p>21 Scrambled Eggs with Salsa Mexico</p> <p>Taco's Beef or Chicken Rice, Beans & corn</p>	<p>22 Fruity Yogurt  Belgium</p> <p>Belgian Waffle Sticks Assorted toppings Sausage & Egg Patty</p>	<p>23 Oatmeal China</p> <p>Sweet & Sour Chicken Rice Broccoli</p>	<p>24 Baked Croissant w Fruit Italy</p> <p>Pizza Day Assorted toppings Tossed Salad Week</p>
<p>27 Breakfast Pizza</p> <p>Hamburger Or Cheeseburger Sweet Potato Fries Veggie Sticks</p>	<p>28 Asst:Muffins</p> <p>Chicken Fajita Rice Black Beans Menu subject to change</p>	<p>29 Yogurt Parfait</p> <p>Hot Meatball Subs Tossed Salad Carrots Breakfast & Lunch are</p>	<p>30 Bagel & Cream Cheese</p> <p>Chicken Alfredo Garlic Bread Broccoli Free for the 22/23 School year</p>	<p>31 Cinnamon Rolls</p> <p>Pizza Day</p> <p>Romaine Salad 11:30 Dismissal</p>