

May 2023

MILFORD CENTRAL SCHOOL

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
<p>Asst:Muffins</p> <p>Chicken Cordon bleu Pasta Salad Green Beans</p>	<p>Yogurt & Granola</p> <p>Build A Burger French Fries Veggie Sticks</p>	<p>Waffles/Strawberries</p> <p>Grilled Cheese Tomato Soup Green Beans</p>	<p>Breakfast Sandwich</p> <p>Pizza Day Broccoli Tossed Salad</p>	<p><i>Cinnamon Rolls</i> <i>School Lunch Hero Day</i></p> <p>Nacho's Beef or Chicken Spanish Rice, Beans Fiesta Lime Corn & Dessert <i>Cinco de Mayo Day</i></p>
<p>8</p> <p>Breakfast on a Stick</p> <p>Breaded Chicken Patty Baked Beans Broccoli</p>	<p>9</p> <p><i>Breakfast Pizza</i></p> <p>Hot Turkey & Gravy Mashed Potato Peas WG Roll</p>	<p>10</p> <p><i>Bagels & Cream Cheese</i></p> <p>Sweet N Sour chicken Rice Mixed Veggies</p>	<p>11</p> <p>Pancakes</p> <p>Sloppy Joe Sweet potato Fries Green Beans</p>	<p>12</p> <p><i>Asst: Muffins</i></p> <p>Pizza Day Caesar salad Corn <i>11:30 Dismissal</i></p>
<p>15</p> <p><i>Cinnamon Rolls</i></p> <p>Brunch For Lunch Waffles Sausage ,Eggs,Juice & Carrots</p>	<p>16</p> <p><i>Srambled Eggs & CornBread</i></p> <p>Taco Tuesday Chicken Or Beef Rice & Beans Corn</p>	<p>17</p> <p><i>Yogurt & Granola</i></p> <p>Pulled pork Coleslaw Baked Beans</p>	<p>18</p> <p>Breakfast Sandwich</p> <p>Chicken Spiedies French Fries Tomato/Mozzarella Salad</p>	<p>19</p> <p><i>Mini Waffles</i></p> <p>Pizza Day Tossed Salad Broccoli</p>
<p>22</p> <p><i>Asst: Muffins</i></p> <p>Chicken Parm Wraps Garlic Noodles Broccoli</p>	<p>23</p> <p><i>Breakfast Pizza</i></p> <p>Taco Tuesday Chicken Or Beef Rice & Beans Corn</p>	<p>24</p> <p><i>Bagel & Cream Cheese</i></p> <p>Hot Dogs Chips,Baked Beans & Carrots</p>	<p>25</p> <p>No School Snow Day</p>	<p>26</p>  <p>No School Snow Day</p> <p>We have gluten free options</p>
<p>29</p>  <p>No School</p>	<p>30</p> <p><i>Cinnamon Rolls</i></p> <p>Chicken Nuggets Tater Tots Carrots</p>	<p>31</p> <p><i>Yogurt & Granola</i></p> <p>Rotini & Meatballs Green Beans Garlic Bread</p> <p>Breakfast & Lunch are</p>	<p>3 Items must be on your Tray</p> <p>Breakfast must include Fruit or Juice Lunch must include Fruit or Vegetable</p> <p>Free for the 22/23 school year</p>	<p>Daily: Asst; Sandwiches, Salad Bar Fresh Fruit,Fruit Cup 1 % Milk,Fat Free & 1% Choc</p> <p>No Snack or Salad bar on early dismissal</p>