


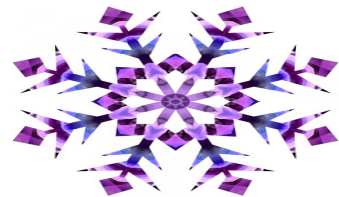



February 2024

MILFORD CENTRAL SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Did you know that this February is a leap year</i></p> <p>Leap year happens every 4 years.</p>	<p>Breakfast & Lunch Are FREE</p> <p>Breakfast must include Fruit or Juice</p> <p>Lunch must include Fruit or Veggie</p>	<p>Milk: Fat Free, 1% white & Choc</p> <p>Daily: Salad Bar & Sandwiches</p> <p>Fresh Fruit & Fruit Cup</p> <p>No Snacks or Salad bar on Early Dismissal</p>	<p>1</p> <p>Cinnamon Buns</p> <p>Teriyaki Chicken</p> <p>Rice</p> <p>Mixed Veggies</p>	<p>2</p> <p>Breakfast Pizza</p> <p>Pizza Day</p> <p>Tossed Salad</p> <p>Broccoli</p> <p>11:30 am Dismissal</p>
<p>5</p> <p>Waffles & Strawberries</p> <p>Ham & Cheese on a Croissant</p> <p>Yams</p> <p>Green Beans</p>	<p>6</p> <p>Breakfast Sandwich</p> <p>Chicken Quesadillas</p> <p>Black Bean Salad</p> <p>Roasted Broccoli</p>	<p>7</p> <p>Cinnamon Rolls</p> <p>Grilled Cheese</p> <p>Tomato Soup</p> <p>Veggie Sticks</p>	<p>8</p> <p>Yogurt & Graham Crackers</p> <p>Nacho's </p> <p>Refried beans</p> <p>Corn</p>	<p>9</p> <p>Apple Frudel</p> <p>National Pizza Day</p> <p>Pizza Day</p> <p>Tossed Salad</p> <p>Carrots</p>
<p>12</p> <p>Breakfast on a Stick</p> <p>Chicken Fajita</p> <p>Rice pilaf</p> <p>Corn</p>	<p>13</p> <p>Breakfast Pizza</p> <p>Chicken Nuggets</p> <p>Mashed Potatoes</p> <p>Carrots</p>	<p>14</p> <p>Bagel & Cream Cheese </p> <p>Build A Burger</p> <p>French Fries</p> <p>Broccoli</p>	<p>15</p> <p>Peach Smoothies</p> <p>Sweet N Sour pork</p> <p>Garlic Noodles</p> <p>Green Beans</p>	<p>16</p> <p>Asst: Muffins</p> <p>Pizza Day</p> <p>Roasted Cauliflower</p>
<p>19</p> <p>ENJOY YOUR</p>	<p>20</p> <p>21</p> 		<p>22</p> <p>BREAK</p>	<p>23</p> 
<p>26</p> <p>Cinnamon Buns</p> <p>Chicken Riggies</p> <p>Spinach</p> <p>Dinner roll</p>	<p>27</p> <p>Breakfast Pizza</p> <p>Taco Tuesday</p> <p>Rice</p> <p>Black Beans</p> <p>Corn</p>	<p>28</p> <p>Asst: Muffins</p> <p>Brunch for Lunch</p> <p>Waffles w/Asst: Toppings</p> <p>Eggs, Sausage Asst: Juice</p> <p>Carrots</p>	<p>29</p> <p>Bagel & Cream Cheese</p> <p>Pizza Day</p> <p>Tossed Salad</p> <p>Roasted Broccoli</p>	 <p>HEALTHY HABITS FOR HEALTHY COMMUNITIES</p> <p>Menu Subject to Change</p>